

FABRIC NOTES

This dress was designed for woven fabrics (see recommendations on the outer envelope). You may use stretch woven (a fabric with spandex/Lycra blended in, like stretch sateen), but in this case, you may wish to orient the fabric's stretch horizontally around the body (rather than lengthwise) and take in the dress side seams by $\frac{1}{4}$ inch (in) to $\frac{1}{2}$ in to account for the fabric's stretch. It is not recommended to use a knit fabric for this pattern. For lining instructions, see p. 30.

REQUIRED YARDAGE & CUTTING LAYOUTS

1. Dress Center Front

Cut 1 fabric on fold

2. Dress Side Front

Cut 2 fabric

3. Dress Back

Cut 2 fabric

4. Center Front Flounce

Cut 1 fabric on fold

5. Side Front Flounce

Cut 2 fabric

6. Center Back Flounce

Cut 2 fabric

7. Side Back Flounce

Cut 2 fabric

8. Short Flounce

Cut 1 fabric on fold

9. Lantern Puff Sleeve

Cut 2 fabric

10. Lantern Puff Sleeve Band

Cut 2 fabric, 2 interfacing

11. Short Raglan Sleeve

Cut 2 fabric

12. Three-Quarter Raglan Sleeve

Cut 2 fabric

13. Front Neck Facing

Cut 1 fabric on fold, 1 interfacing on fold

14. Back Neck Facing

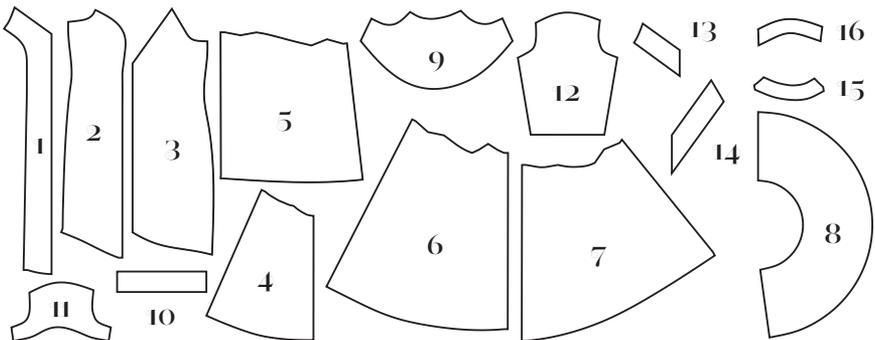
Cut 2 fabric, 2 interfacing

15. Lantern Puff Sleeve Facing

Cut 2 fabric, 2 interfacing

16. Raglan Sleeve Facing

Cut 2 fabric, 2 interfacing



A GUIDE TO FITTING

Here are my top tips for choosing a size and diagnosing fit issues, specifically for the Bryant Gown pattern. Careful attention to fit is especially important with this pattern, as the design lines will best complement you when custom-fit to your figure. Let's start with how to pick your size.

First, understand ease: The Size Chart on the envelope corresponds to your body measurements. The Finished Measurements Chart (next page) corresponds to the garment measurements. The size chart tells you your recommended size based on your measurements, but the finished measurements give you more information about how the garment is meant to fit (and could potentially change your mind about which size to make—it's just more information!). The Bryant Gown is meant to be quite snug, with 1½ in (3.8 cm) of ease in the bust, and 1 in (2.5 cm) of ease in the waist and hips.

Start with your body measurements to choose a size: Measure yourself around your upper bust (under your armpits and above your breasts), the fullest part of your bust, the smallest part of your waist, and the fullest part of your hips (this is likely around the fullest part of your butt). It's very important to wear the foundation garments you plan to wear underneath the gown when taking your measurements, as corsets and cinchers can redistribute your proportions dramatically. Make sure to hold the measuring tape snugly and parallel to the ground. Compare your body measurements to the size chart on the envelope back. First, find your upper bust measurement on the first line of the chart to find your dress size, and then scan down the cup sizes in that column to find your cup size. For instance, a 37-in upper bust will make you a size 10 dress size, and a 39-in full bust means you need a B cup. Don't worry if your waist doesn't match the size 10 column's measurement of 32 in; read on for tips on adjusting the waist, if needed.

Pattern cup sizes can be (and often are) different from bra cup sizes: The cup sizes included with this pattern indicate the relationship between your upper bust measurement and your full bust

measurement. Measure your upper bust and full bust as indicated above to find your cup size on the chart. Don't worry if it's not the same cup size you wear in bras. Bra cup sizes are measured by the relationship between the band (underbust) and the full bust, so they can be slightly different than dress cup sizes. When sewing, it's always better to go by your measurements than to pick a size based on something you've bought in a store.

Consult the finished measurements: The finished measurements chart (below) provides more information to help you choose a size you'll feel great in. If you're between sizes (and lots of people are) the finished measurements can help you decide whether to size up or down, or to adjust the pattern. They will also help you figure out the best cup size for you.

FINISHED MEASUREMENTS: This dress was designed to fit with approximately 1/2 in (3.8 cm) of ease in the bust and 1 in (2.5 cm) of ease in the waist and hips.

Size	2	4	6	8	10	12	14	16	18	20
Bust A	32 in 81.3 cm	34 in 86.4 cm	36 in 91.4 cm	38 in 96.5 cm	40 in 101.6 cm	42 in 106.7 cm	44 in 111.8 cm	46 in 116.8 cm	48 in 121.9 cm	50 in 127 cm
Bust B/C	32.5 in 82.6 cm	34.5 in 87.6 cm	36.5 in 92.7 cm	38.5 in 97.8 cm	40.5 in 102.9 cm	42.5 in 107.9 cm	44.5 in 113 cm	46.5 in 118.1 cm	48.5 in 123.2 cm	50.5 in 128.3 cm
Bust D/DD	33.5 in 85.1 cm	35.5 in 90.2 cm	37.5 in 95.3 cm	39.5 in 100.3 cm	41.5 in 105.4 cm	43.5 in 110.5 cm	45.5 in 115.6 cm	47.5 in 120.7 cm	49.5 in 125.7 cm	51.5 in 130.8 cm
Bust F/G	34.5 in 87.6 cm	36.5 in 92.7 cm	38.5 in 97.8 cm	40.5 in 102.9 cm	42.5 in 107.9 cm	44.5 in 113 cm	46.5 in 118.1 cm	48.5 in 123.2 cm	50.5 in 128.3 cm	52.5 in 133.4 cm
Bust H	35.5 in 90.2 cm	37.5 in 95.3 cm	39.5 in 100.3 cm	41.5 in 105.4 cm	43.5 in 110.5 cm	45.5 in 115.6 cm	47.5 in 120.7 cm	49.5 in 125.7 cm	51.5 in 130.8 cm	53.5 in 135.9 cm
Waist	25 in 63.5 cm	27 in 68.6 cm	29 in 73.7 cm	31 in 78.7 cm	33 in 83.8 cm	35 in 88.9 cm	37 in 94 cm	39 in 99 cm	41 in 104.1 cm	43 in 109.2 cm
Hips	37 in 94 cm	39 in 99 cm	41 in 104.1 cm	43 in 109.2 cm	45 in 114.3 cm	47 in 119.4 cm	49 in 124.5 cm	51 in 129.5 cm	53 in 134.6 cm	55 in 139.7 cm
Bicep	10.75 in 27.3 cm	11.25 in 28.6 cm	11.75 in 29.8 cm	12.25 in 31.1 cm	12.75 in 32.4 cm	13.25 in 33.7 cm	13.75 in 34.9 cm	14.25 in 36.2 cm	14.75 in 37.5 cm	15.25 in 38.7 cm

What to do when you're more than one size: This is common, and it's very easy to grade between sizes. For instance, if you're a size 14 in the bust, a 16 in the waist, and an 18 in the hips, all you have to do is gradually redraw the side seam so that it angles out from the 14 at the underarm and tapers into the 16 at the waistline and then the 18 at the fullest part of the hip.

NOTES

- $\frac{5}{8}$ -in (1.5 cm) seam allowances are included on all pattern pieces.
- If you don't have a serger, consider using a zigzag or overlock stitch on your sewing machine.
- If you find it difficult to see notches after serging, you may wish to mark them with chalk, thread tacks, or another marking tool.
- If you are lining the dress (see *Take Your Bryant Gown to the Next Level*, pg. 30), it's unnecessary to finish the dress seam allowances, as they will be completely enclosed.

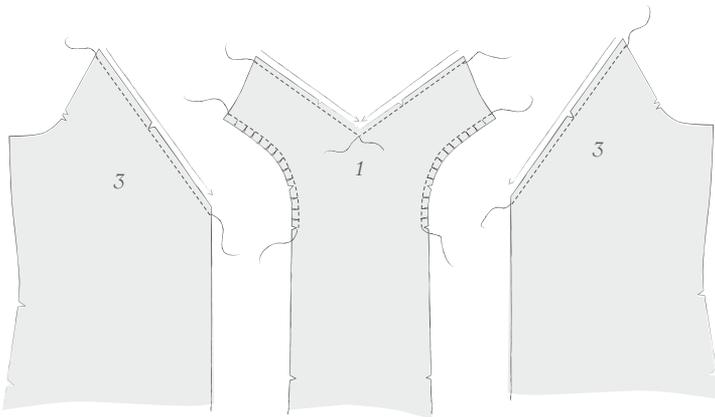
DRESS

1. Staystitch Dress Center Front (1) and Dress Back (3) necklines:

using a $\frac{1}{2}$ -in (1.3 cm) seam allowance, stitch directionally from shoulder to center front/back, backstitching at both ends to stabilize neckline.

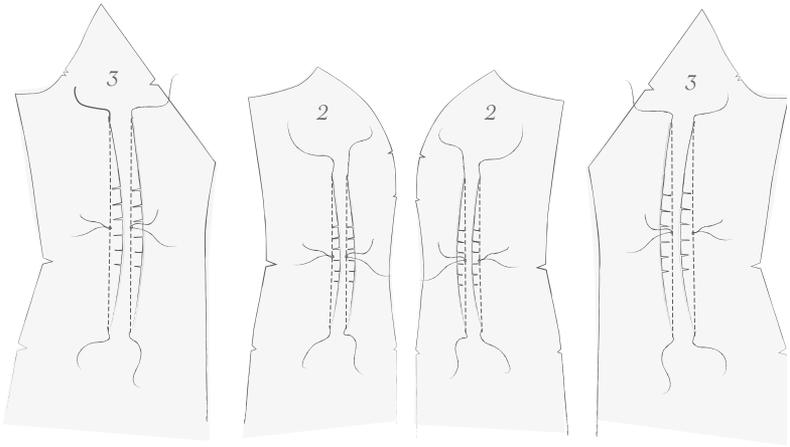
2. Staystitch princess seam on Dress Center Front:

using a $\frac{1}{2}$ -in (1.3 cm) seam allowance, stitch from the top edge of the princess seam to the lower notch, then clip every $\frac{1}{2}$ in between the top edge and the notch.



3. Stabilize Dress Back center-back zipper opening: apply $1\frac{1}{4}$ -in-wide (3 cm) strips of fusible interfacing to the center back opening's WS above zipper circles.

4. Sew fisheye darts in front and back: on Dress Side Front (2) and Dress Back (3), match dart legs right sides (RS) together, then stitch each end of the fisheye dart in two separate steps, working from the center of the dart to the dart point. Backstitch in the center but not at the points, leaving a few inches of thread at the points. Make several clips into the darts along their length. Tie off the threads and trim. Press the darts toward center front or center back, respectively.



5. Sew the front princess seams:

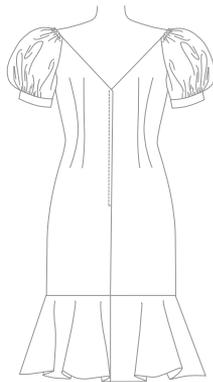
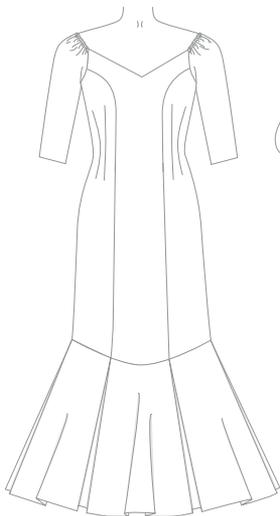
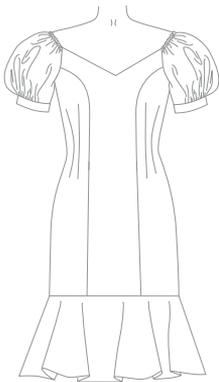
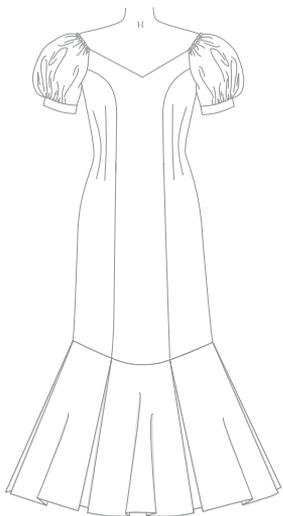
pin the Dress Side Front to the Dress Center Front, RS together, spreading the clips so the curves match. Stitch with the clipped layer on top. Trim seam allowances to $\frac{1}{4}$ in (6 mm), and then finish as one. Press seam allowances toward center front.



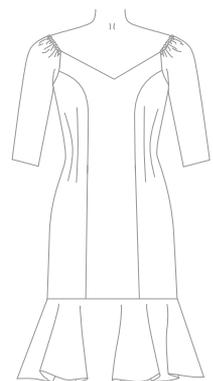
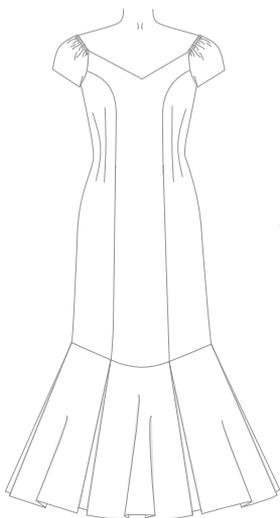
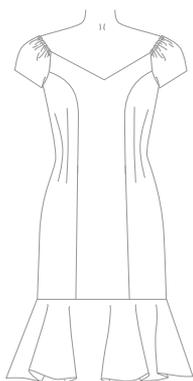
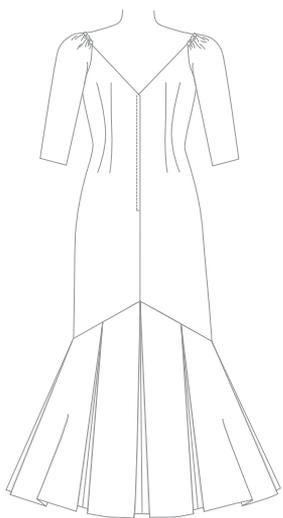
6. Sew Dress Back seam: pin

Dress Backs RS together and stitch the center back seam from the bottom edge up to the zipper circle. Backstitch. Press the seam allowances open.

7. Sew the side seams: pin the dress back unit to the dress front unit at the side seams, RS together. Stitch. Press the seam allowances open.

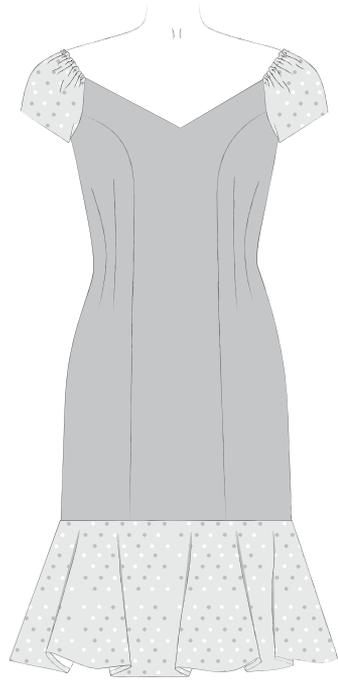


TAKE YOUR
BRYANT DRESS TO
THE NEXT LEVEL



USE CONTRAST FABRICS

An easy way to create visual appeal on this dress is to cut smaller elements in a contrasting fabric. Try sewing the sleeve and flounce in a different fabric from your primary dress fabric for a beautiful effect.



HAVE FUN WITH SHEERS AND LACE

Patterned tulle, lace, and other sheer fabrics can work beautifully in this design, but you may need to change the construction slightly and/or add an underlining (an underlining is a separate layer of fabric basted to the main fabric and then treated as one in construction). The sleeve would look amazing when made in a sheer without any underlining, allowing the sheer fabric to shine on its own. For the dress, you should underline any sheer fabrics. Pick an underlining that is both sturdy and attractive (since it will be visible from the outside of your dress). Good choices include cotton broadcloth, sturdy silks like shantung or faille, and sturdy lining fabrics. I love the idea of the flounce in lace with a beautiful satin underlining peeking through. You will need to hand baste any slippery or delicate fabrics together, rather than machine basting.

