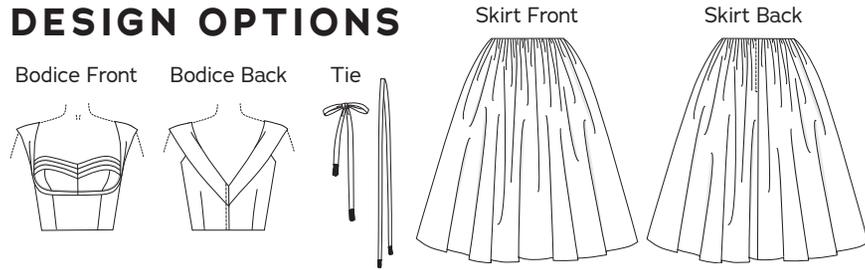


## DESIGN OPTIONS

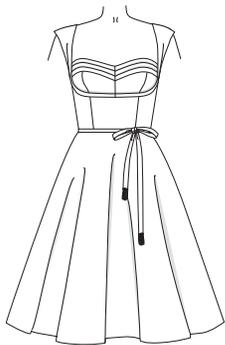


Mix and match to make your dream wardrobe! The Liz Dress was designed to be interchangeable with the Charm Patterns Lamour Dress.

Don't forget to top it off with a cute Dorothy Bolero.

Options from Other Charm Patterns  
(available at [www.bygertie.charmpatterns.com](http://www.bygertie.charmpatterns.com))

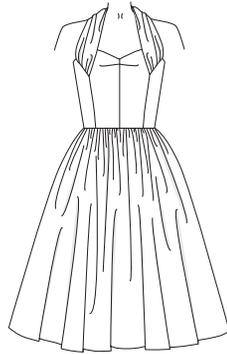
Liz Bodice with Lamour Dress Three-Quarter Circle Skirt and Liz Waist Tie



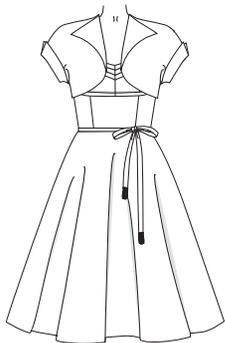
Liz Bodice with Lamour Dress Sarong Skirt



Lamour bodice with Liz Skirt



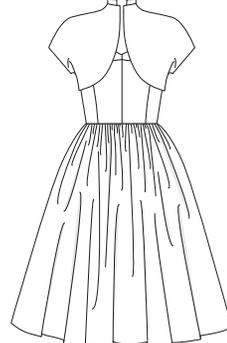
Dorothy Bolero with Wing Collar and Cuffs



Dorothy Bolero (Collarless)



Dorothy Bolero with Band Collar

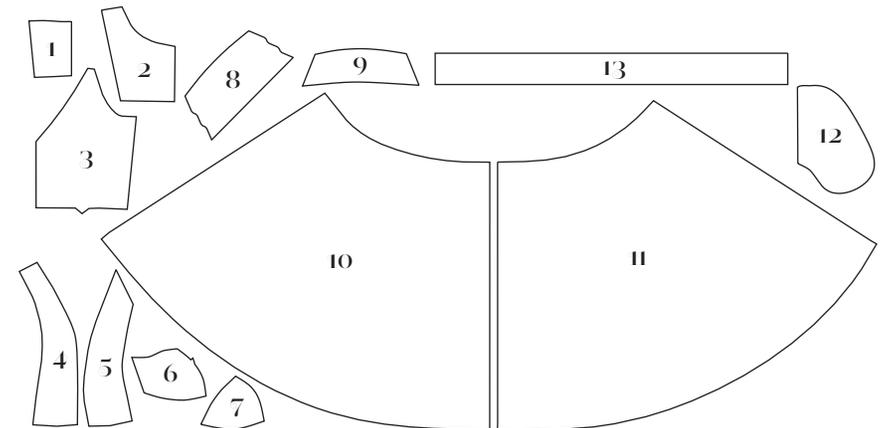


## FABRIC NOTES

This dress was designed for woven fabrics (see recommendations on the outer envelope). You may use stretch woven (a fabric with spandex/Lycra blended in, like stretch sateen), but in this case, you may wish to orient the fabric's stretch horizontally around the body (rather than lengthwise) and take in the bodice side seams 1/4 inch (in) to 1/2 in to account for the fabric's stretch and achieve a body-hugging fit. It is not recommended to use a knit fabric for this pattern.

## REQUIRED YARDAGE & CUTTING LAYOUTS

- Bodice Center Front**  
(Cut 1 fabric, 1 underlining, 1 lining on fold)
- Bodice Side Front**  
(Cut 2 fabric, 2 underlining, 2 lining)
- Bodice Back**  
(Cut 2 fabric, 2 underlining, 2 lining)
- Front Strap**  
(Cut 4 fabric, 2 underlining)
- Back Strap**  
(Cut 4 fabric, 2 underlining)
- Bra Lower Center**  
(Cut 2 fabric, 2 underlining, 2 lining)
- Bra Lower Side**  
(Cut 2 fabric, 2 underlining, 2 lining)
- Bra Pleated Upper**  
(Cut 2 fabric, 2 underlining)
- Bra Upper Lining/Stay**  
(Cut 4 lining)
- Skirt Front**  
(Cut 1 fabric, 1 lining on fold; lining optional)
- Skirt Back**  
(Cut 2 fabric, 2 lining; lining optional)
- Pocket**  
(Cut 4 fabric)
- Tie**  
(Cut 1 fabric on fold)



### KEY TO LAYOUTS



Be sure to note whether the pieces are cut on a double or single layer of fabric. For a double layer, there will be a note indicating FOLD on the layout.

# A GUIDE TO FITTING YOUR DRESS

Here are my top tips for choosing a size and diagnosing fit issues specifically for the Liz Dress pattern. Careful attention to fit is especially important with this pattern, as the design lines will best complement you when custom fit to your figure. Let's start with how to pick your size.

**First, understand ease:** The Size Chart on the envelope corresponds to your body measurements. The Finished Measurements Chart (next page) corresponds to the garment measurements. The size chart tells you your recommended size based on your measurements, but the finished measurements give you more information about how the garment is meant to fit (and could potentially change your mind about which size to make—it's just more information!). The Liz Dress is meant to be quite snug, with about 1 inch (in) of ease in the bust and waist. Hip ease is not important since the skirt is very full.

**Start with your body measurements to choose a size:** Measure yourself around your upper bust (under your armpits and above your breasts), the fullest part of your bust, and the smallest part of your waist. Make sure to hold the measuring tape snugly and parallel to the ground. Compare your body measurements to the size chart on the envelope back. First, find your upper bust measurement on the first line of the chart to find your dress size, and then scan down the cup sizes in that dress size to find your cup size. For instance, a 37-in upper bust will make you a size 10 dress size, and a 39-in full bust means you need a B cup. Don't worry if your waist isn't 32 in as in the size 10 column; read on for tips on adjusting the waist, if needed.

**Pattern cup sizes can be (and often are) different from bra cup sizes:** The cup sizes included with this pattern indicate the relationship between your upper bust measurement and your full bust measurement. Measure your upper bust and full bust as indicated above to find your cup size on the chart. Don't worry if it's not the same cup size you wear in bras. Bra cup sizes are measured by the

relationship between the band (underbust) and the full bust, so they can be slightly different than dress cup sizes. When sewing, it's always better to go by your measurements than to pick a size based on something you've bought in a store.

**Consult the finished measurements:** The finished measurements chart (below) provides more information to help you choose a size you'll feel great in. If you're between sizes (and lots of people are) the finished measurements can help you decide whether to size up or down, or to adjust the pattern. They will also help you figure out the best cup size for you.

**FINISHED MEASUREMENTS:** The bodice pattern was designed to fit with approximately 1/8 in (3.8 cm) of ease in the bust and 1/2 in (1.2 cm) of ease in the waist. Hip measurements are not important when choosing your size, as the skirt is very full.

Size	2	4	6	8	10	12	14	16	18	20
Bust A	32 in 81 cm	34 in 86 cm	36 in 91.1 cm	38 in 96.2 cm	40 in 101.3 cm	42 in 106.4 cm	44 in 111.4 cm	46 in 116.5 cm	48 in 121.6 cm	50 in 126.7 cm
Bust B/C	32.5 in 82.2 cm	34.5 in 87.3 cm	36.5 in 92.4 cm	38.5 in 97.5 cm	40.5 in 102.6 cm	42.5 in 107.6 cm	44.5 in 113 cm	46.5 in 118.1 cm	48.5 in 123.2 cm	50.5 in 128.2 cm
Bust D/DD	33.5 in 85.1 cm	35.5 in 90.2 cm	37.5 in 95.2 cm	39.5 in 100.3 cm	41.5 in 105.4 cm	43.5 in 110.4 cm	45.5 in 115.6 cm	47.5 in 120.6 cm	49.5 in 125.7 cm	51.5 in 130.8 cm
Bust F/G	34.5 in 87.3 cm	36.5 in 92.4 cm	38.5 in 97.5 cm	40.5 in 102.6 cm	42.5 in 107.6 cm	44.5 in 113 cm	46.5 in 118.1 cm	48.5 in 123.2 cm	50.5 in 128.2 cm	52.5 in 133.5 cm
Bust H	35 in 90.2 cm	37 in 95.2 cm	39 in 100.3 cm	41 in 105.4 cm	43 in 110.4 cm	45 in 115.6 cm	47 in 120.6 cm	49 in 125.7 cm	51 in 130.8 cm	53 in 135.9 cm
Waist	24.5 in 61.9 cm	26 in 67 cm	28 in 72.1 cm	30 in 77.2 cm	32 in 82.2 cm	34 in 87.3 cm	36 in 92.4 cm	38 in 97.5 cm	40.5 in 102.6 cm	42 in 107.6 cm

\* Skirt sweep for size 8 is 176 in (447 cm); finished length is 26.5 in (67.3 cm).

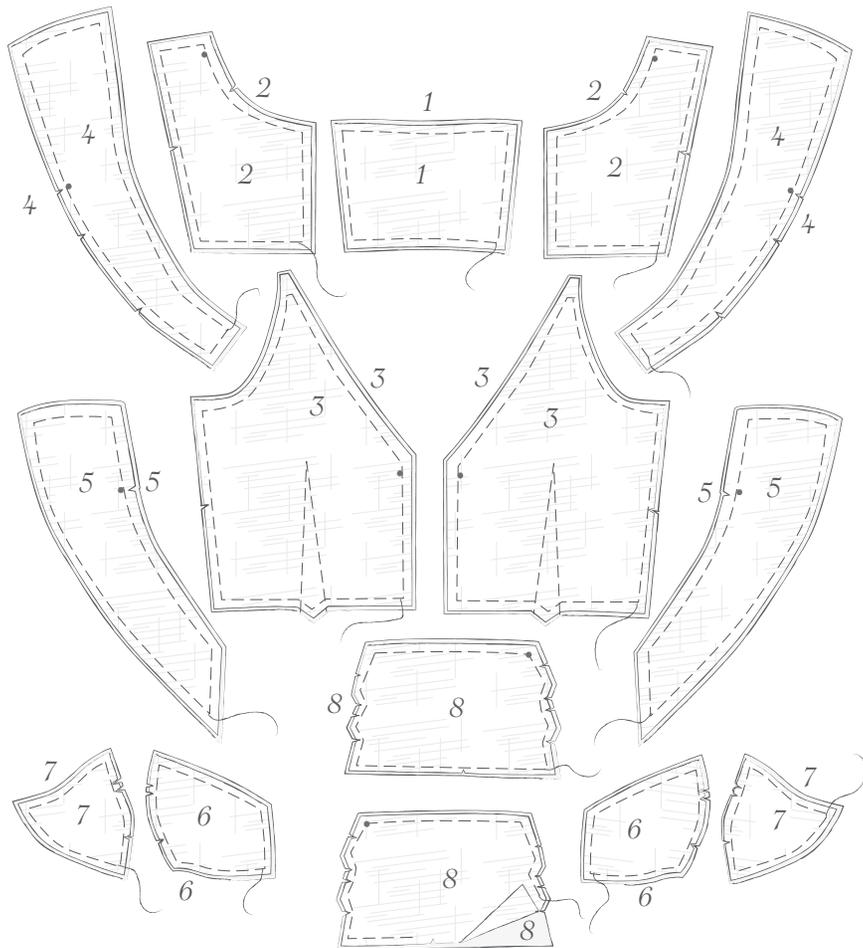
**What to do when you're more than one size:** This is common, and it's very easy to grade between sizes. For instance, if you're a size 14 in the bust and 16 in the waist, all you have to do is gradually angle out from the 14 at the underarm and taper into the 16 at the waistline. Don't forget to use the size 16 for the skirt.

**Always fit by the bust and add to the waist if needed:** It's a very common mistake to choose your size based on your waist measurement, especially if your waist is a size or two larger than your bust. The problem with this approach is that while you may get a good fit in your waist, your shoulders and bust may be swimming in the garment. It's much better to aim for the correct fit in the bust (which is difficult to

# BODICE

## 1. Underline all bodice and strap pieces (1-8), as indicated in cutting instructions:

pin the underlining bodice pieces to the fabric bodice pieces, WS together. Baste at ½ in (1.3 cm) seam allowance, using either a long hand running stitch or a long (4.5 mm) straight stitch on your machine. **TIP:** slippery fabrics will require hand basting, but if you're using coarser fabrics, it's generally fine to baste by machine. Test by rubbing the two fabrics together between your fingers. If they slip at all, you should baste (see Glossary, p. 43) by hand.

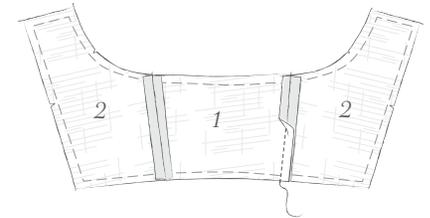


**NOTE:** alternatively, you may choose to interface these pieces with a lightweight fusible interfacing. Choose a lightweight woven or tricot knit interfacing, not a nonwoven interfacing. Follow the interfacing cutting instructions on the pattern pieces and cut interfacing instead of underlining. Apply fusible interfacing to the WS of the fabric, using a press cloth and steam. Do not rub your iron back and forth; lift it up and press down for several seconds at a time until interfacing is fully adhered.

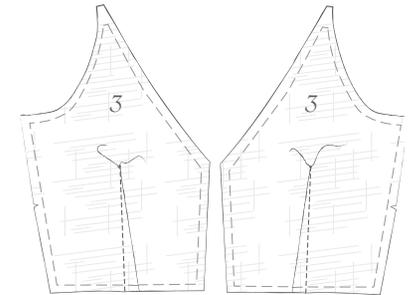
## 2. Sew front midriff princess seams:

pin underlined Bodice Center Front (1) to underlined Bodice Side Fronts (2), right sides (RS) together, matching notches. Stitch. Press seam allowances open.

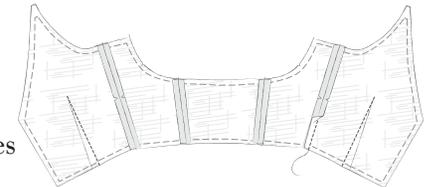
**(NOTE:** use ⅝ in [1.5 cm] seam allowances on all seams.)



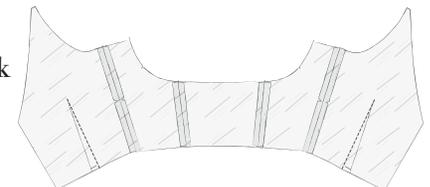
**3. Sew back darts:** on underlined Bodice Backs (3) bring dart legs RS together, pinning along marked dart leg lines. Stitch along marked lines from edge of fabric to dart point. Backstitch at the beginning and leave thread tails a few inches long at the dart point. Tie thread tails in a knot. Press darts toward center back.



**4. Sew bodice side seams:** pin bodice front to bodice back at side seams, RS together, matching notches. Stitch. Press seam allowances open.

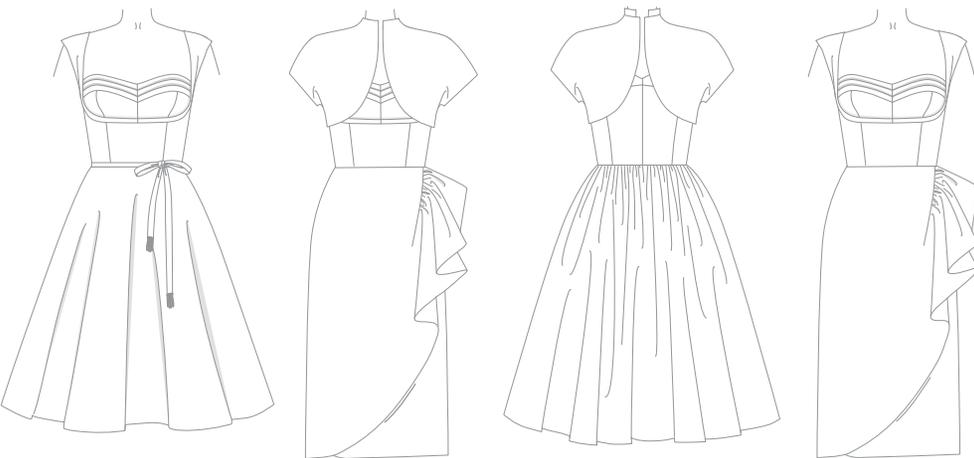


**5. Assemble bodice lining:** repeat steps 2-4 with bodice front and back lining pieces.





TAKE YOUR LIZ DRESS  
TO THE NEXT LEVEL



Here are some ideas for fancy fabrics and fun design variations.

### PLAY WITH CONTRASTING FABRICS

Use a contrasting color for the bra and/or straps. This looks especially pretty if you make the entire dress in a print, and then sew the bra from a coordinating solid. Extend the idea by pairing the Liz Dress bodice with the Lamour Dress Sarong Skirt and use the same solid fabric for the skirt facings for a peek of color (like on the black and gold dress on the booklet cover).

### OMIT THE PLEATED BUST PIECE

For a different look, try using the Bra Upper Lining piece rather than the Bra Pleated Upper piece for the outer bust section. This will give a smoother look to the bust, with a more “bra-like” finish. Just use piece 9 in place of piece 8 when cutting the dress fabric and construct the outer bra as for the bra lining.

### ADD RUFFLES

Make my Cha-Cha from *Grease* fantasy come true! In the dance scene, she wears an amazing dress with a very Liz-like bodice—it’s black with little turquoise flowers and the shelf bust is made in a coordinating solid turquoise with little lace ruffles sewn all over, in that ’50s cupcake prom style that was so popular. To get the Cha-Cha effect, follow the instructions above for using a contrast fabric and for omitting the pleated bust piece. Then, sew lines of ruffled lace or strips of narrow tulle to the outer bra cup (avoiding the top and bottom seam allowances) before sewing the bra lining to it. Use the Lamour Three-Quarter Circle Skirt to get the full effect (with a petticoat to match the contrast ruffles underneath, of course).

