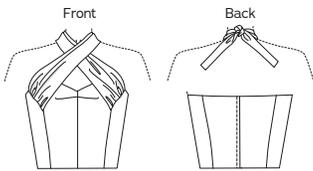
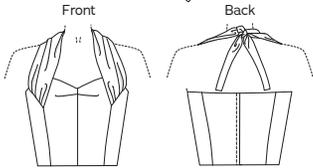
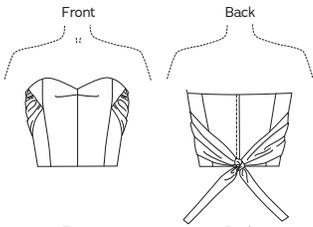
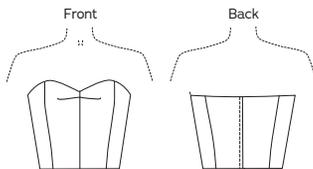


# DESIGN OPTIONS

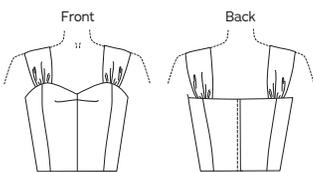
Bodice with Three-Way Halter Strap



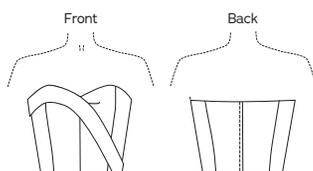
Princess Seam Bodice  
(can be made strapless or with gathered shoulder straps)



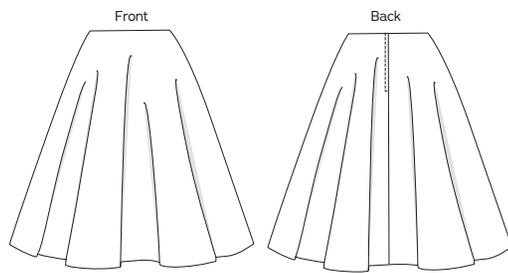
Gathered Shoulder Straps



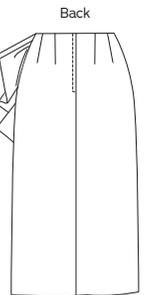
Bodice Sash



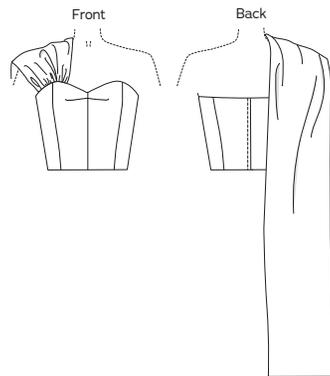
Three-Quarter Circle Skirt



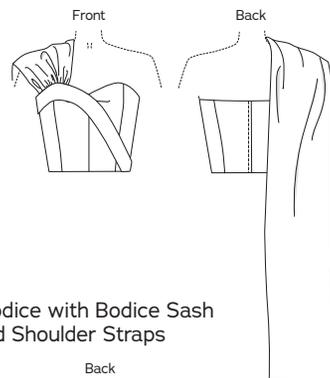
Sarong Skirt



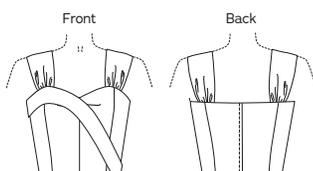
Shoulder Drape



Princess Seam Bodice with Bodice Sash and Shoulder Drape



Princess Seam Bodice with Bodice Sash and Gathered Shoulder Straps



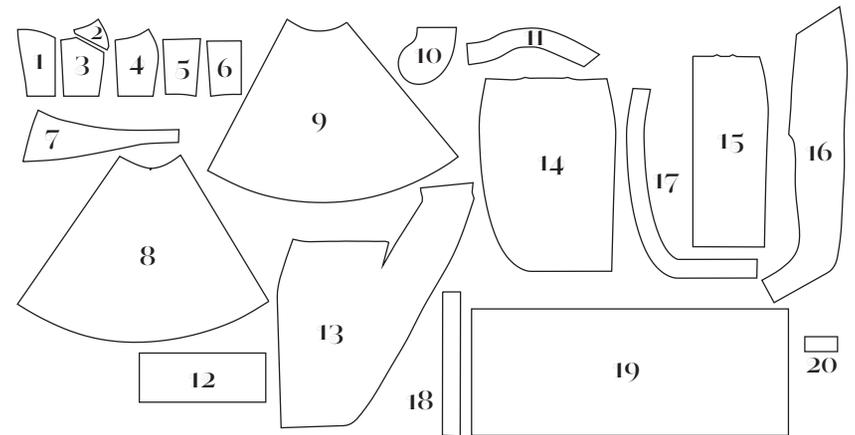
# FABRIC NOTES

See specific fabric recommendations on the envelope. This dress was designed for woven (not knit) fabrics. You may use a woven fabric blended with Lycra/spandex; however, you may wish to take in the side seams to account for the stretch. Pair with a lining fabric blended with spandex.

This dress is a great opportunity to use sheer fabrics. Make sure to pick an underlining that will be both sturdy and attractive (since it will be visible from the outside of your dress). Good choices include cotton broadcloth, sturdy silks like shantung or faille, and sturdy lining fabrics. If more structure is desired, you can add a second muslin underlining. Read more on sewing this dress with sheers on page 50.

# REQUIRED YARDAGE & CUTTING LAYOUTS

- |                                     |  |
|-------------------------------------|--|
| 1. Center Front Bodice              | 12. Gathered Shoulder Straps           |
| 2. Upper Side Front Bodice          | 13. Sarong Skirt Overskirt             |
| 3. Lower Side Front Bodice          | 14. Sarong Skirt Underskirt            |
| 4. Side Front Bodice                | 15. Sarong Skirt Back                  |
| 5. Side Back Bodice                 | 16. Sarong Skirt Overskirt Hem Facing  |
| 6. Center Back Bodice               | 17. Sarong Skirt Underskirt Hem Facing |
| 7. Halter Ties                      | 18. Sarong Skirt Back Hem Facing       |
| 8. Three-Quarter Circle Skirt Front | 19. Shoulder Drape                     |
| 9. Three-Quarter Circle Skirt Back  | 20. Shoulder Drape Binding             |
| 10. Pocket                          |  |
| 11. Bodice Sash                     |  |



### KEY TO LAYOUTS

- |  |                             |  |                             |
|--|-----------------------------|--|-----------------------------|
|  | Right side of pattern piece |  | Wrong side of pattern piece |
|--|-----------------------------|--|-----------------------------|

Be sure to note whether the pieces are cut on a double or single layer of fabric. For a double layer, there will be a note indicating FOLD on the layout.

## A GUIDE TO FITTING

Here are my top tips for choosing a size and diagnosing fit issues, specifically for the Lamour Dress pattern.

**First, understand ease:** The Size Chart on the envelope corresponds to your body measurements. The Finished Measurements chart on the next page corresponds to the garment measurements. The size chart tells you your recommended size based on your measurements, but the finished measurements give you more information about how the garment is meant to fit (and could potentially change your mind about which size to make—it’s just more information!).

Personally, I like this type of dress to be very snug, sometimes even having negative ease in the waist depending on the foundation garments I plan to wear. (Negative ease means that the finished garment measurements would be smaller than your body measurements, instead of larger.) In general, this style is meant to be quite snug, with 0 to 1 inch (in) of ease in the bust and waist. If you’re making the Three-Quarter Circle Skirt, your hip measurement is not important, since the skirt is very full. For the Sarong Skirt, you’ll want about 2 in (5 cm) of ease in the hips.

**Start with your body measurements to choose a size:** Measure yourself around your upper bust (under your armpits and above your breasts), the fullest part of your bust, the smallest part of your waist, and the fullest part of your hips. Make sure to hold the measuring tape snugly and parallel to the ground. Compare your body measurements to the size chart on the envelope back. First, find your upper bust measurement on the chart to determine your dress size and then scan down the cup sizes in that dress size column to find your cup size. For instance, a 37-in upper bust makes you a size 10 dress, and a 39-in full bust puts you in a B cup. Don’t worry if your waist doesn’t match that given for the dress size! Read on for tips to adjust the waist if needed.

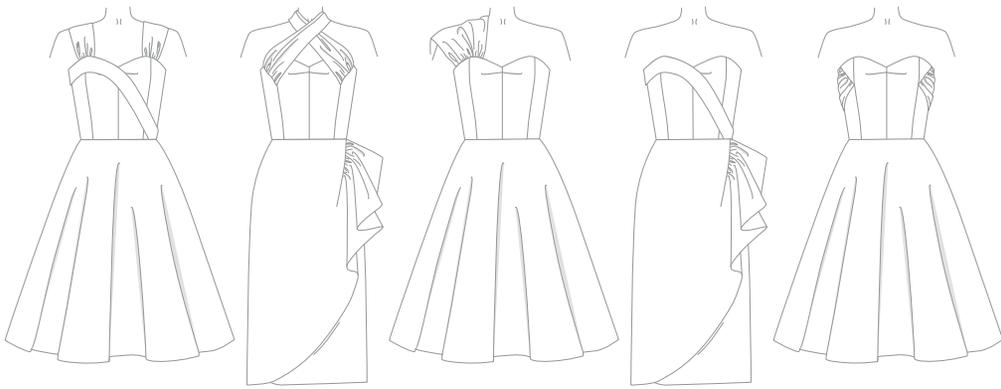
**Note that pattern cup sizes can be (and often are) different from bra cup sizes:** The cup sizes included with this pattern indicate the relationship between your upper bust measurement and your full bust measurement. Take your upper bust measurement with a tape measure positioned above your breasts and underneath your armpits. Measure your upper bust first (make sure the tape is level across your back), then measure your full bust (the fullest part of the breasts). A 1½-in difference means you are an A cup; a 2-in difference means you are a B/C cup; a 3-in difference is a D/DD cup; a 4-in difference is a F/G cup; and a 5-in difference is an H cup. If your difference is more or less, you will need to do a Full Bust Adjustment or Small Bust Adjustment (FBA/SBA). If you see your full bust measurement appear in more than one place on the size chart, use the corresponding upper bust and the waist measurements to guide you to the right size for your frame.

**Next, consult the finished measurements:** The Finished Measurements chart below provides more information to help you choose a size you’ll feel great in. If the finished measurements of the first size you choose look too big or too small, select the next size up or down based on the finished measurements.

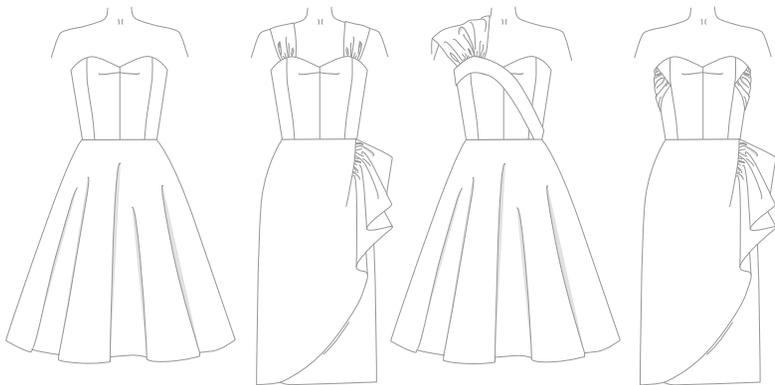
**FINISHED MEASUREMENTS:** The bodice patterns were designed to fit with 0 to 1¼ inches of ease in the bust and waist. The Sarong Skirt was designed to fit with 2 inches of ease in the hips. Hip measurements are not important when choosing your size for the Three-Quarter Circle Skirt, as the skirt is very full.

Size	2	4	6	8	10	12	14	16	18	20
Bust A	31.25 in 79.2 cm	33.25 in 84.3 cm	35.25 in 89.4 cm	37.25 in 94.5 cm	39.25 in 99.5 cm	41.25 in 104.6 cm	43.25 in 109.7 cm	45.25 in 114.8 cm	47.25 in 119.9 cm	49.25 in 124.9 cm
Bust B/C	32 in 81 cm	34 in 86 cm	36 in 91.1 cm	38 in 96.2 cm	40 in 101.3 cm	42 in 106.4 cm	44 in 111.4 cm	46 in 116.5 cm	48 in 121.6 cm	50 in 126.7 cm
Bust D/DD	33 in 83.5 cm	35 in 88.6 cm	37 in 93.7 cm	39 in 98.7 cm	41 in 103.8 cm	43 in 108.9 cm	45 in 114 cm	47 in 119 cm	49 in 124.1 cm	51 in 129.2 cm
Bust F/G	34 in 86 cm	36 in 91.1 cm	38 in 96.2 cm	40 in 101.3 cm	42 in 106.4 cm	44 in 111.4 cm	46 in 116.5 cm	48 in 121.6 cm	50 in 126.7 cm	52 in 131.8 cm
Bust H	35 in 88.6 cm	37 in 93.7 cm	39 in 98.7 cm	41 in 103.8 cm	43 in 108.9 cm	45 in 114 cm	47 in 119.1 cm	49 in 124.1 cm	51 in 129.2 cm	53 in 134.3 cm
Waist	24.5 in 61.9 cm	26.5 in 67 cm	28.5 in 72.1 cm	30.5 in 77.2 cm	32.5 in 82.2 cm	34.5 in 87.3 cm	36.5 in 92.4 cm	38.5 in 97.5 cm	40.5 in 102.6 cm	42.5 in 107.6 cm
Sarong Hips	37.5 in 95.3 cm	39.5 in 100.3 cm	41.5 in 105.4 cm	43.5 in 110.5 cm	45.5 in 115.6 cm	47.5 in 120.7 cm	49.5 in 125.7 cm	51.5 in 130.8 cm	53.5 in 135.9 cm	55.5 in 141 cm

\* Three-Quarter Circle Skirt sweep for size 8 is 155 in (393.7 cm); finished length is 26.5 in (67.3 cm).



# SEWING INSTRUCTIONS



## BEFORE SEWING

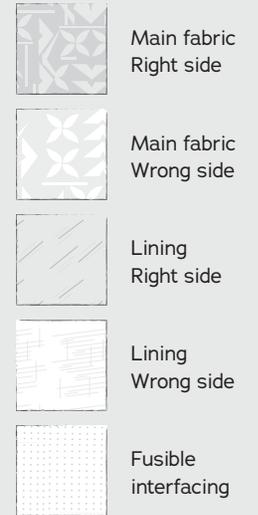
**Transferring marks:** Use dressmaker’s tracing paper and a tracing wheel to transfer darts, pleats, and other pattern marks to the wrong side (WS) of your fabric. Mark the pattern notches by making a snip into the point of the notch with the tip of your scissors.

**Interfacing:** Several of the pattern pieces need to be stabilized with fusible interfacing prior to sewing. Follow the interfacing cutting instructions on the pattern pieces. Apply fusible interfacing to the WS of the fabric, using a press cloth and steam. Do not rub your iron back and forth; lift it up and press down for several seconds at a time until interfacing is fully adhered.

**Seam finishing:** If finishing seams with a serger, serge the following seam allowances (without trimming the edges) before starting construction:

- Vertical sides of Three-Quarter Circle Skirt Front and Back pieces (outer skirt and lining)
- All sides of Pocket Pieces
- Vertical edges of Sarong Skirt Back
- Side seam of Sarong Skirt Overskirt
- Side seam of Sarong Skirt Underskirt
- Upper edge of Sarong Skirt Back Hem Facing
- Inner curved edges of Sarong Skirt Overskirt and Underskirt Hem Facings

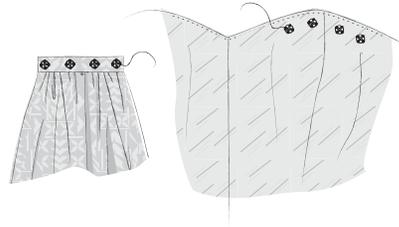
### KEY TO ILLUSTRATIONS



**3. Bind gathered end of drape:** Pin Shoulder Drape Binding (20) to gathered end of drape, RS together, matching raw edges. Center gathered edge of drape between circle marks on binding. Stitch. Press binding up and over the seam allowances, then fold in seam allowances on short ends of binding and press. Fold binding down, pressing under binding raw edge to completely enclose the seam allowances. Press flat. Use a slipstitch to secure the binding in place.



**4. Secure snaps to drape and dress:** sew two post snap halves (the bumpy side of the snap) to each end of the binding. Center two more snaps in between them for a total of four evenly spaced snaps on the drape. Sew socket snap halves (the smooth side of the snap) to inside of the dress's left neckline, 1/2 in below the neckline, centering the drape over the princess seam. (Hold the drape up to the dress first and use a chalk pencil to mark the snap placement.) Snap the drape onto the dress, and wear either thrown over one shoulder, or draped around both shoulders like a shawl.



## TAKE YOUR DRESS TO THE NEXT LEVEL

### PLAY WITH CONTRAST FABRICS

Contrast colors can provide a lot of visual interest in this design. The Sarong Skirt facing looks amazing made in a solid that contrasts with the main dress. Also consider using a different color for the Bodice Sash to really make it pop. The Shoulder Drape would also work well with a contrast underside that would peek out. For this, you would need to divide the drape pattern in half lengthwise, add seam allowances along the new long edges, and cut two (rather than just one as indicated on the pattern). Pin the two pieces RS together and stitch around the long edges and one short end, leaving opposite short end open for turning and gathering.



### HAVE FUN WITH SHEERS AND LACE

Patterned tulle, lace, and other sheer fabrics can work beautifully in this design, but you may need to change the construction slightly and/or add an underlining (an underlining is a separate layer of fabric basted to the main fabric and then treated as one in construction).

The Three-Way Halter Strap and Gathered Shoulder Straps both look amazing when made in a sheer without any underlining, allowing the sheer fabric to shine on its own. (One of my favorite fabrics for this purpose is tulle patterned with flocked polka dots.)



For the Bodice and the Sarong Skirt, you should underline any sheer fabrics.